

Please Note that our office is closed from 12 - 1 PM everyday for lunch.
Look for program descriptions on the back of this calendar!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>For Further Information or to Register, call Lily, Natasha or Rhonda (403) 983-0076</p> <p>419B - 2nd Street, Strathmore, AB plc-strathmore@aspfamily.org</p> 		 <p>Find this calendar online... strathmorelibrary.ca/parentlink</p> <p>Please Note: The 5 for Life Website is undergoing some changes. Thank you for your patience!</p>		<p>1 Groovy Grandparents 10:00 AM - 11:30 AM</p> <p>1000 BOOKS 1:30 PM - 2:30 PM</p> <p>Stay and Play 2:30 PM - 3:30 PM</p>	<p>2 Breakfast With Dad 10:00 AM - 11:30 AM (Male Caregivers & Kids Only)</p> <p>Moms, Kids & Caregivers please join us for...</p> <p>Play, Learn & Connect 1:30 PM - 3:00 PM</p>
<p>4 Centre Closed For Data Entry 9:00 AM - 1:00 PM</p> <p>Centre Closed 1:00 PM - 4:30 PM Staff Meeting</p>	<p>5 Craft 'N' Create 10:00 AM - 11:30 AM</p> <p>Baby Wearing Meet-Up 1:30 PM - 3:00 PM</p>	<p>6 Coffee & Chatter 10:00 AM - 11:30 AM</p> <p>Centre Closed For Data Entry 1:00 PM - 4:30 PM</p>	<p>7 Baby Talk- Chat and Christmas Sing-Along 9:45 AM - 11:45 AM</p> <p>Playdough Fun! 1:30 PM - 2:15 PM</p> <p>Stay & Play 2:15 PM - 3:00 PM</p>	<p>8 Groovy Grandparents 10:00 PM - 11:30 PM</p> <p>Let's Build! 1:30 PM - 2:45 PM</p>	<p>Positive Parenting Program (Triple P):</p>  <p>Tips and tools to help make parenting easier through quick, private consultations or scheduled group sessions</p>
<p>11 Mealtime Struggles (in Coffee Q & A) 10:00 AM - 11:30 AM Please Register</p> <p>Centre Closed 1:00 PM - 4:30 PM Staff Meeting</p>	<p>12 Movin & Groovin 9:30 AM - 10:30 AM CIVIC CENTRE</p> <p>Gleichen Cookie Jar 1:00 PM - 3:00 PM Join us at the Gleichen Community Centre for this family friendly gift jar event!</p>	<p>13 Coffee & Chatter 10:00 AM - 11:30 AM</p> <p>Craft 'N' Create 1:30 PM - 2:15 PM</p> <p>Stay & Play 2:15 PM - 3:15 PM</p>	<p>14 Baby Talk- When to take my baby to Emergency 9:45 AM - 11:45 AM</p> <p>Centre Closed Staff Training 12:00 PM - 4:30 PM</p>	<p>15 Groovy Grandparents 10:00 AM - 11:30 AM</p> <p>Drop In Playtime 4:00 PM - 5:30 PM</p>	<p>16 Play, Learn, & Connect 10:00 AM - 11:30 AM</p> <p>Drop In Playtime 1:30 PM - 2:45 PM</p>

Siblings are Always Welcome !

Peace and Goodwill to all...

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 <u>Centre Closed For Data Entry</u> 9:00 AM– 4:30 PM <u>Drop In Playtime</u> 4:30 PM – 6:00 PM	19 <u>Centre Closed For Data Entry</u> 9:00 AM– 12:00 PM <u>Centre Closed Staff Christmas Celebration!</u> 12:00 PM - 4:30 PM	20 <u>Coffee & Chatter</u> 10:00 AM - 11:30 AM <u>Craft 'N' Create</u> 1:30 PM – 2:15 PM <u>Stay & Play</u> 2:15 PM - 3:15 PM	21 <u>Storyland Adventure</u> Bring your cookie cutters to paint with! 10:00 AM - 11:30 AM <u>Centre Closed For Data Entry</u> 1:00 PM - 4:30 PM	22 <u>Holiday Drop In Salt Dough Ornaments!</u> 10:00 AM - 11:30 AM <u>Centre Closed For Data Entry</u> 1:00 PM - 4:30 PM	23 
25 	<h1 style="margin: 0;">CENTRE CLOSED</h1> <h2 style="margin: 0;">Happy Holidays!</h2> <h1 style="margin: 0;">Regular Programming resumes January 2, 2018.</h1>			29 	30 

Program Descriptions:

- **Drop-in Play/Stay & Play/Play, Learn, & Connect:** Children participate in interactive play activities & parents connect with other parents/caregivers and Parent Coaches. Parenting and child development information & resources are available.
- **Baby Talk:** Join other parents and babies **up to 12 months** to socialize & learn about relevant topics concerning parenting an infant; program offered in partnership with Strathmore Health Unit. **Older siblings Welcome! No registration required.**
- **Coffee & Chatter:** Children **0-6 years** participate in interactive, imaginative play while parents enjoy coffee or tea & have the opportunity to meet other parents/ caregivers who are experiencing the ups and downs of parenting.
- **Breakfast with Dad:** Children **0-6 years** with their father or a significant male adult - enjoy breakfast, play time and time with other dads.
- **La Leche League Meeting:** To encourage, promote and provide mother-to-mother breastfeeding support. Children, spouses and caregivers welcome. Meetings resume in January.
- **Groovy Grandparents:** Drop-in playtime for grandparents & kids. Coffee & tea provided. **No Registration Necessary.**
- **Preschool Talk Time:** Drop-in to play! A Pre-school Speech Therapist will be on site for questions you may have about your child's speech and sensory development.
- **Babywearing Meet-up:** Come meet other moms interested in baby wearing options.
- **Craft 'N' Create:** A crafty program aimed at those who love to cut, glue, colour, draw and create! Join us for a new craft each week!

- **Storyland Adventure:** Come for a story, and bring your cookie cutters for some painting fun!
- **1000 Books (Ages birth - Kindergarten):** Read with your child at home, Parent Link or the Library (or anywhere!). You can track your reading to win prizes every 50 books! Pick up your log book at PLC or the library or go to...strathmorelibrary.ca/1000books.
- **Movin & Groovin:** This gross-motor parented program runs at the Civic Centre until the weather warms up. Sponsored by the Town of Strathmore. Come burn off some energy!
- **Gleichen Cookie Jar:** Offered in partnership with Growing Families Society, and Wheatland FCSS. Join us to make cookie gift jars and participate with the children in Play and Circle Time. **To Register, call Angie at 403-361-7216.**



Parent Link must adhere to Fire Safety Regulations such as room capacity restrictions. This means that if you are coming for a busy program, or have not registered (as applicable), you may be asked to return at another time.

LOOK!for our sign out on the railing that will either be **GREEN** (for "Come on In!") or **RED** (for "STOP, playroom is full!")